

York Central Hospital

Vascular Camp 2007

Our Hemodialysis Program

- Regional Dialysis Program
- 40 stations at YCH
 - 25 stations main unit
 - 15 stations in CCC unit
- 18 stations at Oak Ridges Satellite Unit
- Southlake/SLED CVICU
 - Support cardiovascular surgery

A Year at a Glance

2006 was an eventful year

- Single site to two site program
- Main unit moved
- PD/CKD moved
- Scheduling changes (7days/wk)
- Leadership/Staffing changes
- Multiple new RNs
- Recognize Vascular Access as KEY...



Vision

The **Vision** of Vascular Access Camp and the Hemodialysis Nurses of YCH is to provide Professional Nursing Excellence and Compassionate Care to the Hemodialysis Patients.

MISSION

The Mission of the Vascular Access Camp and the Hemodialysis Nurses of YCH is to provide Professional Nursing Excellence and Compassionate Care by enhancing vascular access skills and education to maintain patient quality health.

The Guiding Principles...

- To promote continuous professional development
- Utilize Best Practice Guidelines related to vascular access
- Patient Education
- Promote Fistula First Initiative



Resources























The Vascular Team



Creating the Vascular Team

Team Members

- Vascular Access CPL—Kathy Lynch
- Interim Educator—Heather Steiner
- Program Manager—Barb Gray
- CPL & RN Team
- Professional Practice Leader—Linda Ballantine
- Clinical Director—Dr B. Nathoo

Implementation Strategy

- Weekly meetings to develop the plan
- Vascular Access BPG binders
- Selection of nurse leaders to area of expertise
- Review of BPG in relation to vascular access
- Date, location and time was determined
- Scheduling
- Poster boards
- Pre and Post test
- Evaluation Tool



Vascular Camp

- Held over 2 days
 - 4 hour sessions/day
 - Secretarial support
 - Lunch provided
 - Nurses were paid
 - Pre test, post test and evaluation form
 - 9 different stations
 - Sign-up sheet



Sign Up Sheet

WASBULAR BAMP

Our first HANDS ON skills training workshop

designed to allow staff the opportunity for **SKILLS DEVELOPMENT** and to support the application of **BEST PRACTICES**.

HIGHLIGHTS include

New AVF creation	CVC, Arm Infections
Assessment	Transonics,Site Rite,URR
Difficult Cannulations	Angiograms, Venous Mapping
Using Angiocaths	Cath flo, Sodium Citrate
Buttonhole Cannulations	Cannulation of Grafts
CVC dressings	Best Practice Guidelines

- •CAMP IS 21/2 3 HOURS IN LENGTH
- PLEASE SIGN YOUR NAME TO ONE SESSION
- **LUNCH** IS PROVIDED (1100-1130 AND 1300-1330)



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9 Vascular Camp Stations

- 1. AVF assessment
- 2. Angiocath
- 3. New AVF
- 4. Buttonhole
- 5. Infection
- 6. CVC
- 7. Grafts
- 8. Hemodialysis Adequacy
- 9. BPG's & Patient Education

WAVF

ew AVF

both physically and functionally to ccess

ong patients 8 weeks prior to cannulation

have the following rate bloodflow to support dialysis er > .6 cm, accessible location, epth of .6cm, regular hand arm

be due to collateral branches that ry vessel, or insufficient arterial flow

al Considerations

ns should be based on the of the cannulator.

on of the new AVF

r is necessary nulator or coach to assist

encourage patient to wash

hands, look listen and feel, septic solution

elow axilla

noted

(abnormal

are present

rred on new AVF or restless

for New AVF Cannulations Matching Needle Gauge to Bloodflow

ent 17 g = < 300ml and the when:

16 g = 300-350ml 15 g = >350-400ml

Maintain arterial and venous within unit policy + - 250

ysical Examination

and Feel



Removing Needles

- · Just as important as needle insertion
- Tape should be carefully removed to prevent displacement of needles
- · Remove needles at the same angle as insertion
- DO Not apply pressure with needle insitu
- Two holes are created from each needle, one through the skin and another through the blood vessel wall
- the skin and another strough the blood vessel wall.

 It is important to remember that both holes must be
 compressed when needles are removed in order to
 ensure that bleeding stops from both sites or bleeding
 and bruising formation can occur. 2 fingers (index and
 middle) should be used to hold each site (ideal)
- · What is the ideal pressure to be used.



during the first two weeks of cannulations-Remember to decrease Heparin hourly and bolus by half of the patient's usual and heparin stop time to 1 hour****

Cannulation of New Arteriovenous Fistula



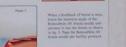












Clinical Considerations

- Assess direction and depth of button by palpation buttonhole sites. Palpable port directly beneath buttonhole will show as a white scar tissue encircling the center of the buttonhole
- Refer to patient chart under comments for further clinical considerations when cannulating
- Insert needle in a slow gentle motion, needle tip should
- If a "blind" track is entered the buttonhole needle should be removed completely (little to no blood) and reinsert it using a different angle/depth
- Patient education is important, they should know their access and offer important information with cannulation

BUTT

- · Advantages- M (not to be used alleviating anxie reduces aneury decreased hem
 - Disadvantages establish tract. many different I



Buttor Initial Cani

- · Nephrologist order · Consult with CPL \
- · Assessment of AVI
- · Select cannulation
- · ALWAYS USE A T
- · Consider straight a
- · Needle orientation cannulation
- · Select site away from
- · Needle tips should
- · Patient Education 7 Cannulation

- · Have patient wash :
- Gather supplies
- · Wash hands
- · Glove
- · Eye protection
- · Assess by look lister
- Use antiseptic skin Gluconate *note if a for 2min (drying time drying time) Starting
- a circular motion us Assess location a
- If scab is very large attention
- Using a separate

Debrief

- Feedback
- Reflect on Event
- Pre and Post Tests
- Evaluation Form



Conclusion

- CANNT poster abstract accepted
- Tri-hospital speaker
- Recognition by hospital leadership
- Certificate by Professional Practice
- Great Unit benefits
- Patient Education Theme for March VAS.
- Decreased vascular interventions



to the nurses of the York region Dialysis Program

in recognition for your excellent contribution to a quality practice environment supporting Clinical Excellence and Compassionate Care through the quality improvement project "Vascular Access Camp 2007"



- Enjoy our DVD
- Please visit our display
- Questions

